

Placement opportunity: 2026 AIG Women's Open - S&C assistant

About the Opportunity

The UKSCA is committed to driving diversity across the profession and is working with employers to collaborate on projects that will create opportunities for growth. For the second year, we are offering an exciting mentoring opportunity with The R&A for an early-career practitioner to gain professional development through a combination of UKSCA mentoring support and practical coaching experience at one of the UK's biggest sporting events. This unique opportunity is initially targeting female coaches at the start of their professional journey. We welcome applications from both S&C Trainers and Coaches who are interested and meet the criteria below.

Placement: 2026 AIG Women's Open.

Location: Royal Lytham and St Annes Golf Club.

Duration: 8 days.

Dates: Induction onsite: 25th July, Event week: 26 July – 2nd August 2026.

Support package: Paid coaching opportunity (based on an hourly rate against confirmed hours), event kit, meals during the tournament, and support for travel and accommodation (approx. £250 per coach).

Assigned a Mentor Lead: A senior Snr practitioner who is ASCC accredited.

Format: Monthly connection (flexible format – a mixture of calls and face-to-face meetings).

Focus: Industry advice for career development, networking connections, and provide a critical friend outlet.

Program duration: 6-month period with additional placement opportunities.

About the Placement

Join the team at one of the most prestigious golf majors in the world! This is a unique chance to gain experience at the pinnacle of professional sports, helping athletes optimise performance and recovery during a demanding tournament schedule. You will be part of a wider performance services team, supporting the world's most elite female golfers. You will be led by the Head of S&C, who will manage your programme and oversee the services. You will have daily duties to lead and execute as directed by the Head of S&C. Education and, where required, training will be provided to give you clarity and direction to ensure you can deliver the required outcomes.

Key Responsibilities

- Support the delivery of S&C services to professional golfers as directed by the head of S&C.
- Support the management and operational running of gym & recovery tournament facilities.
- Collaborate with S&C Coaches, physiotherapists, medical staff, and golf coaches to ensure holistic athlete care.
- Maintain a professional and approachable demeanour, supporting athletes under pressure.
- When required support other tournament activities as directed by senior tournament staff.

Requirements

- We are looking for a female practitioner with less than 3 years' experience.
- You should have accreditation as either a **UKSCA S&C Trainer** or **UKSCA S&C Coach**.
- Ability to work in the UK, and availability to be at Royal Lytham for the full week (25th July – 2nd August).
- A willingness to engage with the UKSCA Mentor Programme for ongoing development.
- Ability to thrive in a fast-paced, high-pressure environment.
- Previous experience working with elite athletes, preferably in golf or similar sports is preferred but not essential as this opportunity is looking to provide exactly that!

What We Offer

- The opportunity to apply for a highly competitive opportunity in pro sport, with levels of feedback appropriate to the stage of recruitment you reach.
- If shortlisted 1-2-1 feedback will be provided if success or not on both your application and your interview.
- The opportunity to work alongside world-class athletes and industry professionals.
- Inclusion in the UKSCA Mentor Programme to further your skills and career.
- A collaborative and supportive team environment.

How to Apply

If you are passionate about sports performance and excited to contribute to one of the most prestigious events in golf, we want to hear from you!

- Please send your CV and a cover letter outlining your relevant experience to helen@uksca.org.uk by Wednesday 14th January 2026
- Applications close at midnight.

Be part of the action. Elevate performance. Make your mark at the top tier of golf.