

## **Personal Trainer/Strength & Conditioning Coach FULL TIME**

### **About Us**

Strength Clinic Academy is a physiotherapy and personal training centre located in Singapore's central business district. We sit at the intersection of rehabilitation and high performance, supporting clients through recovery while helping them reach the peak of their physical potential. Our cutting edge facility is equipped with world-class equipment trusted by athletes globally. We use VALD ForceDecks for force plate testing and VALD Dynamo for isometric and isotonic strength assessment, giving our coaches the objective data they need to make smarter programming decisions and track progress with precision.

Our clientele spans the general population to corporate professionals, competitive athletes, and individuals who take their performance seriously. We work closely with local and national sports teams, providing strength and conditioning support that complements medical and physiotherapy care.

### **The Opportunity**

We are looking for one exceptional individual, who is a highly driven professional ready to take the next step in their career and genuinely excited about making Singapore their home. If you thrive in high-performance environments and are hungry to grow, this role was built for you.

### **What You'll Do**

- Design and deliver personalised strength and conditioning programmes tailored to each client's goals, health history, and performance demands

- Conduct client assessments and performance testing using VALD ForceDecks and Dynamo, translating data into actionable programming decisions
- Collaborate closely with our physiotherapy team on shared clients, contributing to case reviews and integrated care planning
- Monitor client progress and provide consistent coaching, motivation, and education across sessions
- Educate clients on proper movement mechanics, injury prevention strategies, and training principles
- Contribute to the broader team culture. Sharing knowledge, supporting colleagues, and upholding our standard of excellence

### **What We're Looking For**

- Certified Strength and Conditioning Coach (CSCS, UKSCA, ASCA, or equivalent recognised credential)
- Minimum bachelor's degree in Exercise Science, Sports Science, Kinesiology, or a related field
- 3+ years of hands-on coaching experience in strength and conditioning, athletic performance, or rehabilitation settings
- Demonstrated ability to work with a diverse client base across performance levels
- Strong communication skills, proficiency in English is essential for working with our international clientele
- Commitment to ongoing professional development in exercise science and athletic performance
- Minimum 2-year commitment to the role

Candidates must be eligible to obtain a valid Singapore Employment Pass prior to commencement of employment. We will not be accepting applicants without a degree from a reputable university.



SCA 2021 PTE. LTD.  
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## What We Offer

- Competitive base salary with performance-based commission
- Healthcare insurance
- Professional course and continuing education allowance
- Flexible scheduling (minimum 120 hours/month once established)
- Access to world-class equipment and technology
- A collaborative, high-performance team environment alongside experienced physiotherapists and coaches

## How to Apply

If this sounds like the right opportunity, we'd love to hear from you. Please send your CV and a brief cover note to:

[hr@strengthclinicacademy.com](mailto:hr@strengthclinicacademy.com)

In your cover note, please include: your coaching background, why you're interested in relocating to Singapore, and your expected availability.

Applications close: End of June 2026. Only shortlisted candidates will be contacted.

