

Private Sports Massage Therapist / Traveling Performance Coach

Yacht Crew Member – VIP Client

1. General Purpose of the Role

The Private Sports Massage Therapist / Traveling Performance Coach provides premium, personalized and continuous physical support to a VIP client within a highly international, mobile and demanding environment.

The role supports a very active lifestyle involving regular participation in tennis, padel, golf, volleyball, skiing (including heli-skiing), and various water sports.

The primary objective is to optimize the client's overall physical condition, enhance performance, prevent injuries, accelerate recovery, and support a consistently high level of sporting activity.

The position is held as a yacht crew member, with periods of work both onboard and ashore during stays in mountain resorts, cities, and other travel destinations.

2. Key Responsibilities

Sports Massage & Recovery

- Deliver regular sports massage treatments tailored to training, recovery and travel schedules
- Relieve muscular tension associated with physical activity, frequent travel and overall workload
- Implement mobility, stretching and active recovery routines
- Adapt massage techniques according to sporting activities and training intensity

Physical Conditioning & Training

- Design and supervise individualized physical conditioning programs
- Develop and maintain key physical attributes including mobility, functional strength, stability, endurance and coordination
- Support the client's participation in tennis, padel, golf, volleyball, skiing and water sports
- Manage pre-activity preparation and post-activity recovery
- Adjust training plans according to fatigue levels, altitude, jet lag and travel demands

Sports Equipment Management

- Oversee and manage sports equipment related to the client's activities

- Ensure equipment is maintained and suitable for use (racquets, golf clubs, footwear, skis, water sports equipment and protective gear)
- Anticipate logistical requirements based on travel schedules, seasons and destinations
- Coordinate with specialist suppliers and technicians when required

Work Environment & Operations

- Operate across a variety of environments including yachts, hotels and private residences
 - Transport and manage massage and training equipment between locations
 - Collaborate when necessary with specialist coaches, physiotherapists and medical professionals
 - Maintain absolute discretion and strict confidentiality at all times
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3. Working Schedule & Leave

This position operates under an annualized working schedule adapted to the mobile nature of the role.

The successful candidate will benefit from 90 non-working days per year, including:

- Weekly rest periods
- Annual leave entitlement

Rest periods and leave may be taken either in blocks or split throughout the year according to a schedule agreed in advance.

4. Candidate Profile

Qualifications & Skills

- Recognized qualification in Sports Massage Therapy
- Strong background in physical conditioning and training
- Sports coaching or physical education qualifications are advantageous but not mandatory
- Where appropriate, additional coaching qualifications may be funded by the employer and completed during working time
- UKSCA accredited

Experience

- Significant experience as a Performance Coach, Sports Massage Therapist or member of a professional sports performance team
- Experience working with elite or high-performance athletes is highly desirable
- Strong understanding of the physical demands associated with the sports practiced by the client
- Comfortable working with demanding clients in a luxury environment
- Previous experience in international, travel-intensive or maritime settings is an advantage

Personal Attributes

- Impeccable presentation and excellent communication skills
 - Exceptional discretion, reliability and service mindset
 - Self-motivated, adaptable and physically fit
 - Flexible regarding travel and working hours
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5. Languages

- Fluent English is essential
 - French is highly desirable
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6. Package & Benefits

- Employment type: Offshore employment as a yacht crew member
- Accommodation provided
- Competitive compensation package, commensurate with experience and profile
- All business-related travel, accommodation, meals and equipment expenses covered
- Opportunity for employer-funded professional development and relevant certifications

Applications to be sent to : melissa.vitis@bemido.com