

**Title:**

Physical Performance Coach: Bank Staff (Manchester)

Purpose:

The post holder will support the delivery of education experience and team performance testing days for academic intuitions and sports teams primarily at Manchester Institute of Health & Performance (MIHP). There will also be opportunities to provide physical performance support on a variety of P3RFORM's contracts, including sporting organisations, national governing bodies and client groups within the corporate, education and residential settings.

Main Place of Work:

Institute of Health & Performance, 299 Alan Turing Wy, Openshaw, Manchester M11 3BS and/or at agreed alternative locations for the delivery of Physical Performance services.

Job Description:**KEY ACCOUNTABILITIES:**

- Work alongside the Education Experience Manager to co-ordinate and deliver education experience days for academic institutions.
- Demonstrate and discuss a variety of physical performance services to visiting groups including profiling, rehabilitation, conditioning, player monitoring and hydrotherapy.
- Provide informative, interactive and entertaining sessions to enhance student learning and engagement.
- Communication of scientific principles and methods dependent on student age, knowledge and background to understand the 'WHY'.
- Support physical performance testing for elite and non-elite athletes and teams, utilising profiling equipment to undertake physical assessments relating to a player's force expression and pitch-based capabilities.
- To deliver gym and pitch-based performance support sessions at MIHP and other locations to P3RFORM clients such as the Professional Footballers' Association.
- Programme digitally via the P3RFORM app to provide remote performance support to clients across the sporting, educational, corporate residential settings.
- Work collaboratively with other practitioners within P3RFORM such as physiotherapists and nutritionists to provide a holistic support service.



Role Requirements

Essentials

- Undergraduate degree in Strength and Conditioning / Sport Science or a related discipline.
- UKSCA Accreditation (or working towards) or similar within Strength and Conditioning / Sport Science
- Experience of delivering pitch and gym based conditioning sessions to high performing teams / groups of athletes and individuals.
- An understanding of how to use key pieces of performance measurement equipment such as force platforms and GPS.
- An excellent communicator, both in-person and via written correspondence.
- A full UK driving license.

Desirables

- Experience of working within professional / high-performance sport.
- Post graduate qualification in Strength and Conditioning / Sport Science or a related discipline.
- Experience of working within a multi-disciplinary team.
- Experience of providing digital remote programming and support for a variety of athlete groups.
- Experience of working within elite sport and the ability to draw upon experiences

How to Apply

Please send a CV and covering letter to: info@p3rform.co.uk

Closing date: 31st October 2026 - interviews may be held as applications are received and the post may close early if the right individuals are found.