

**Title:**

Physical Performance Coach: Bank Staff

**Purpose:**

The post holder will support the delivery of education experience and team performance testing days for academic institutions and sports teams at St' George's Park. There will also be opportunities to provide physical performance support on a variety of P3RFORM's contracts, including sporting organisations, national governing bodies and client groups within the corporate, education and residential settings.

**Main Place of Work:**

St. George's Park, Sir Alf Ramsey Way, Newborough Road, Needwood Burton-Upon-Trent, Staffordshire, DE13 9PD and/or at agreed alternative locations for the delivery of Physical Performance services.

**Job Description:****KEY ACCOUNTABILITIES:**

- Work alongside the Education Experience Manager to co-ordinate and deliver education experience days for academic institutions.
- Demonstrate and discuss a variety of physical performance services to visiting groups including profiling, rehabilitation, conditioning, player monitoring and hydrotherapy.
- Provide informative, interactive and entertaining sessions to enhance student learning and engagement.
- Communication of scientific principles and methods dependent on student age, knowledge and background to understand the 'WHY'.
- Support physical performance testing for elite and non-elite athletes and teams, utilising profiling equipment to undertake physical assessments relating to a player's force expression and pitch-based capabilities.
- To deliver gym and pitch based performance support sessions at St. George's Park and other locations to P3RFORM clients such as the Professional Footballers' Association.
- Programme digitally via the P3RFORM app to provide remote performance support to clients across the sporting, educational, corporate residential settings.
- Work collaboratively with other practitioners within P3RFORM such as physiotherapists and nutritionists to provide a holistic support service.



## **Role Requirements**

### **Essentials**

- Undergraduate degree in Strength and Conditioning / Sport Science or a related discipline.
- UKSCA Accreditation (or working towards) within Strength and Conditioning / Sport Science
- Experience of delivering pitch and gym based conditioning sessions to high performing teams / groups of athletes and individuals.
- An understanding of how to use key pieces of performance measurement equipment such as force platforms and GPS.
- An excellent communicator, both in-person and via written correspondence.
- A full UK driving license.

### **Desirables**

- Experience of working within professional / high performance sport.
- Post graduate qualification in Strength and Conditioning / Sport Science or a related discipline.
- Experience of working within a multi-disciplinary team.
- Experience of providing digital remote programming and support for a variety of athlete groups.

### **How to Apply**

Please send a CV and covering letter to: [info@p3rform.co.uk](mailto:info@p3rform.co.uk)

Closing date: 8<sup>th</sup> August 2025.