

LEOPARD PERFORMANCE

Strength & Conditioning Coach

Location : Tunbridge Wells

Salary : £20 to £30 per hour depending on experience

Employment Type : Part-Time (6 to 10 hours per week)

Job Description

We are looking to recruit a hardworking, knowledgeable, highly passionate and aspiring S&C coach to join our performance team based at a gym in a leading grammar school in Kent.

This is an ideal opportunity for a young aspiring coach looking to gain hands-on experience in a professional environment working with youth athletes (ages 7–18) and adult clients. It is a great stepping stone if you are interested in working in a professional academy.

Key Responsibilities:

Assist in the planning and delivery of S&C programmes for youth athletes across multiple sports

Lead small group adult fitness classes

Deliver engaging, age-appropriate physical development sessions to both youth and adult groups

Contribute to athlete monitoring and progression tracking using a variety of technology

Maintain high standards of professionalism, safeguarding, and athlete welfare

Essential Criteria:

A degree in Sport and Exercise Science or a related field

Demonstrated interest in youth physical development

Strong interpersonal and communication skills

Reliable, proactive, and willing to learn in a team environment

Enhanced DBS (or willingness to obtain one)

Desirable Criteria:

- UKSCA Accreditation or currently on the UKSCA pathway
- Experience delivering gym-based and field-based sessions
- First Aid qualification

What We Offer:

- Ongoing mentoring
- Access to high-quality facilities and equipment
- Professional development opportunities
- Potential for increased responsibility and role development

Application Process

To apply please send your CV and letter including 2 fitness coaches who have inspired your coaching to nick.mcbride@skinners-school.org.uk

Deadline: 31st July