

Job Description Information – Port Vale Football Club	
Job Title	First Team Physical Performance Coach
Full Time / Part- Time / Consultant	Full Time
Reporting To	Head of Physical Performance
Role Purpose	Port Vale Football Club is seeking a dedicated and experienced Physical Performance Coach to work with our First Team. This key role will focus on optimising players' physical capabilities to ensure peak performance, supporting the team's overall success on the pitch. The successful candidate will contribute to the development and implementation of evidence-based training programs tailored to the individual and collective needs of the squad.
Direct Reports	First Team Student Physical Performance Coach(s).
Key Accountabilities	Work alongside the Head of Physical Performance to help ensure consistency and alignment in the delivery of the first team physical performance programme.
	Practical delivery of on and off the pitch physical training required to develop the speed, agility, strength, power and fitness to compete in professional football.
	Implementation of the clubs monitoring, fitness testing, rehabilitation, and recovery strategies, alongside the collection, management, and analysis of performance data.
	Engage with the First Team Sports Scientist, medical and wider interdisciplinary team to deliver on and off pitch rehabilitation for injured players.
	Engage in team discussions/meetings on developing future approaches to improve the physical development and availability of players.
	In conjunction with other members of the performance and medical department, liaise daily with the coaching staff about optimal workload for all first team players.
	Pitch-based session delivery in latter stages of rehabilitation phase, prior to return to training activities in conjunction with medical staff.
	Execute additional tasks as required to meet the football club's changing priorities.



Essentials  Desirables	Undergraduate degree in Strength and Conditioning, Sports Science or a related field.  UKSCA or BASES Accreditation; or clear demonstration of working towards this.  More than 2 years experience working within elite sport (not necessarily football).  Passion for coaching and improving athletes  Strong communication and interpersonal skills, with the ability to build trust and rapport with players and staff.  Eligible to work in the UK with a full UK Driving Licence.  Flexibility of working hours to suit the nature of elite sport.  Post Graduate qualification in Strength and Conditioning or related field.  ISAK Level 1 Accreditation.  Experience of using sport science technology including GPS and strength diagnostic products such as force plates.
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Enhanced DBS Check Required:	Yes
Registered to Work in the UK	Yes
Full Clean Driving Licence	Yes

To apply please send a CV and cover letter to <a href="mailto:james.walsh@port-vale.co.uk">james.walsh@port-vale.co.uk</a>.

Applications must be submitted before 5pm on Fri 26<sup>th</sup> September