



**Job Posting Title:** Sports Scientist — 12 week *Casual* from January to April 2025

**Grade and Salary:** Grade 5 (£25,138 - £29,605) pro rata

**Organisation Name:** Oriam: Scotland's Sports Performance Centre

**About Oriam:** Oriam has a vision to inspire, engage and motivate our communities through the facilities we provide and the interactions we have with our customers. As a member of the team, you will contribute to the delivery of the strategy and embed into a strong working culture that prides itself on being welcome and inclusive to all. Oriam is home to a range of world-class facilities that is trusted by Scotland's top sporting teams and athletes whilst also catering to Heriot-Watt University's student population and serves the local community.

**About Oriam Performance Team:** The Performance Team sits within our Oriam Delivery Section alongside our Fitness & Wellbeing, Community and Sports Union teams. Performance consists of 9 staff members, including the Performance Manager, Sports Scientists, Psychologist, Sports Coaches (Football & Squash) and a Lifestyle & Advocacy Coordinator. And it only continues to grow. The multidisciplinary team works closely alongside the Oriam Clinic to deliver Strength & Conditioning support, recovery sessions, athlete testing & educational workshops to an extensive range of groups, including Heriot-Watt Sports Scholars and Sports Union clubs, the Oriam Youth Development Programme, partnership groups and external squads, spanning across more than twenty different sports.

**FTE and working pattern:**

- Up to 10 hours per week, with potential for additional cover work.
- Monday evenings, Tuesday mornings and Thursdays evening preferable.

**Purpose of Role:** To provide sports science services for Oriam user groups including; Oriam Performance Programmes, Sports Union Clubs, Oriam Youth Development Programmes and key partner organisations e.g. the Scottish Football Association.

**Summary of Key Duties and Responsibilities:**

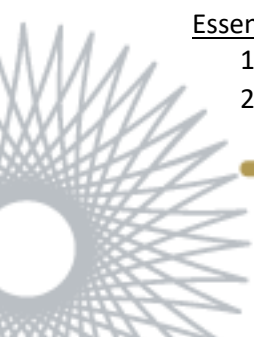
- Plan, deliver and review sports science testing and feedback protocols, including but not limited to; field based fitness testing, body composition testing, lactate threshold testing.
- Plan, deliver and review sports science training protocols including but not limited to; gym based S&C sessions, conditioning based sessions, rehab based session, and recovery sessions.
- Promote services to potential clients and coordinate any associated facility bookings.
- Plan, deliver and review educational workshops for Oriam user groups and key partners.
- Work as part of a multi-disciplinary team with athletes, coaches and medical staff to provide evidence based support for the development of athletes.

**Education, Qualifications & Experience:**

These are the criteria on which the short-listing and recruitment selection will be based.

Essential

1. Educated to undergraduate degree level in a relevant discipline, or equivalent experience
2. UKSCA or BASES Accredited (or the ability to achieve this within 12-18 months)





3. Experience of working with athletes within a similar performance environment as outlined above
4. Competent in the use of relevant IT packages
5. Well-developed interpersonal and communication skills
6. Demonstrable professional and proactive approach
7. Ability to develop relationships with a range of stakeholders
8. Demonstrable ability to work quickly, flexibly and accurately in a dynamic, changing and pressured environment
9. Demonstrable provision of excellent customer service

Desirable

1. Educated to masters level in a relevant discipline
2. Experience working with GPS and heart rate technology, and management / reporting of data
3. Experience of developing new business / business retention

**How to Apply:** You can apply for the role of Assistant Sports Scientist by submitting your full CV and cover letter to [careers@oriam.hw.ac.uk](mailto:careers@oriam.hw.ac.uk). Applications can be submitted up to 23:59 (UK time) on Wednesday 11<sup>th</sup> December 2024.

**Shortlisting will be done 12/13<sup>th</sup> December 2024 and interviews w/c 16<sup>th</sup> December 2024.**

