

# STRENGTH, CONDITIONING & REHAB COACH

## Full Time, Coalition Performance, Solihull



### THE OPPORTUNITY

This role provides you the unique opportunity to work in one of the most established and successful private S&C and rehab centres in the UK. You will be a truly valued part of our organisation and with your successful application, you have chance to commence an exciting, clear career progression as an S&C coach, to really see the positive impact of your S&C coaching towards many aspects of performance, across many different populations.

Within a genuine coaching team, you will play a fundamental part in applying the ultimate science and coaching, to the success of the extensive range of people we coach (athletic and non athletic populations). We are also the country's biggest centre for using S&C in injury rehab, trusted by many people and leading medical professionals. You will also have the superb opportunity to use your skills to play a leading role in the reconditioning of many sporting and non sporting injuries, alongside conventional training goals.

## THE BENEFITS



- **28 days holiday throughout the year (in addition to Christmas eve, day, Boxing day and New years day).**
- **Competitive starting salary of ~£23k p.a, with scope to develop.**
- **Part of the one of the most proven S&C coach development pathways.**
- **Full time, professional coach employment security (no insecure contracts, no uncertain pay/hours).**

We care...

The rise of CP has been driven by delivering truly exceptional and genuine S&C. A key, unique factor of this success has always been ensuring we use the most well considered science, applied theory, communication skills and coaching execution to achieve phenomenal, industry leading results. People invest their own finances into us based on our ability to do this, and the superb, factual success we have had as a business, is 100% reflective of our equally superb and exceptional coaching.

In combination, you have an equal voice in our coaching team, commitment to those you coach and considerable responsibility in the very best planning and delivery. This enables you to be part of an extremely positive, inclusive and collaborative coaching culture.



## RESPONSIBILITIES AND WHO IS IT FOR?

This role is suitable for graduate S&C coaches and those who have already started their full time career,.

You will have a passion for S&C and a personality which is motivated to coach, be the best you can, develop and support people of highly diverse goals, ages and backgrounds.

- **Exclusively coach at our private facility 5 days per week - 4 week days (a combination of morning-afternoon/afternoon-to evenings) plus Saturday morning.**
- **Responsible for high quality organisation, progression and preparation of individualised training programmes and sessions.**
- **Responsible for the delivery of high quality one to one, and one to five coaching sessions, using broad coaching skills.**
- **Commitment to a structured CPD programme with a proven track record.**



## PERSONAL SPECIFICATION



### ESSENTIAL:

- **Undergraduate degree in sport science/coaching/S&C.**
- **Coaching experience in gym based S&C delivery in sporting populations.**
- **Self awareness that you truly want a career in S&C.**
- **Positive personality, good in social situations, self determined, open to challenge.**
- **Motivated to use and apply your S&C skills to a variety of people, abilities, ages and goals.**
- **Got, or ability to obtain UKSCA accreditation in 12 months.**

### DESIRABLE:

- **Additional experience in private sector coaching, P.E teaching or coaching the public, will be viewed positively.**
- **Post graduate degree in sport science/coaching/S&C.**



## HOW TO APPLY



You need to submit BOTH of the following:

- CV
- Short ~3 min mobile video of who you are and why you have applied

The CV should be emailed to [contact@coalitionperformance.co.uk](mailto:contact@coalitionperformance.co.uk) and addressed to Dave Cripps.

The video should be sent via [wetransfer.com](https://wetransfer.com) to [contact@coalitionperformance.co.uk](mailto:contact@coalitionperformance.co.uk)

We will be interviewing for this role as applications come in. Therefore we recommend submitting your application immediately. The closing date will be Sunday 24th November.

Any questions please contact the email address above.

We look forward to receiving your application.

