

# STRENGTH, CONDITIONING & REHAB COACH

Full Time, Coalition Performance, Solihull



## THE OPPORTUNITY

You have the unique opportunity to be part of, the most established, progressive and successful private S&C and rehab centre in the UK. You will be a truly valued part of our organisation and with your successful application, you have chance to commence an exciting, clear career progression as an S&C coach, to really see the positive impact of your coaching towards many aspects of performance.

Within a positive coaching team, you will play a fundamental part in applying the ultimate science and coaching, to the success of the extensive range of people we coach (athletic and non athletic populations). We are also the country's biggest centre for using S&C in injury rehab, trusted by many people and leading medical professionals. You will also have the unique opportunity to use your skills to play a leading role in the reconditioning of many sporting and non sporting injuries, alongside conventional training goals.

## THE BENEFITS

- 28 days holiday throughout the year (plus Christmas Eve and Day, Boxing Day, New Years Eve and Day).
- Competitive starting salary of ~£25-26k p.a.
- Part of the one of the most proven S&C coach development pathways in the UK.
- Full time, professional coach employment security (no unsecure contracts, no uncertain pay/hours).

We care and we have a huge impact with our coaching...

The rise of CP has been driven by delivering truly exceptional and genuine S&C. A key, unique factor of this success has always been ensuring we use the most well considered science, applied theory, communication skills and coaching execution to achieve phenomenal, **industry leading results**. People invest their own finances into us based on our ability to do this, and the superb, factual success we have had as a business, is 100% reflective of our equally superb and exceptional coaching.

In combination, you will have an equal voice in our coaching team, commitment to those you coach and responsibility towards the very best planning and delivery. This enables you to be part of an extremely positive, inclusive and collaborative coaching culture.

## RESPONSIBILITIES AND WHO IS IT FOR?

This role is perfect for graduate S&C coaches with coaching experience, and those who have already started their full time career and wish to develop up from a more junior role.

You will have a passion for S&C and a personality which is motivated to coach, be the best you can, plus develop and support people of differing abilities and ages, towards a hugely broad range of performance goals.

Team players with a positive attitude are only welcome into our coaching team.

- Exclusively coach at our private facility 5 days per week (*a combination of morning-afternoon/afternoon-evening*).
- Responsible for high quality organisation, progression and delivery of individualised training programmes and sessions.
- Commitment to a structured CPD programme with a proven track record.
- Being part of the UK's most successful and progressive private S&C coaching centre.
- See your coaching have true, inspiring impact.



## PERSONAL SPECIFICATION



### ESSENTIAL:

- Undergraduate degree in sport science/coaching/S&C.
- Coaching experience in gym based S&C delivery (~12 months minimum).
- Self awareness that you truly want a career in S&C.
- Positive personality, confident, caring, self determined, open to challenge.
- Motivated to use and apply your S&C skills to a variety of people, abilities, ages and goals.
- Ability to obtain UKSCA accreditation in 12 months.
- Full UK driving license.

### DESIRABLE:

- Additional experience in private sector coaching, P.E teaching or coaching the public (P.T), will be viewed positively alongside sports experience.
- Post graduate degree in sport science/coaching/S&C (*or in the latter stages of completing*)

## HOW TO APPLY



You need to submit **BOTH** of the following (*if you don't, you will not be considered*):

- CV
- ~3 min mobile video of who you are and why you have applied

The CV should be emailed to [contact@coalitionperformance.co.uk](mailto:contact@coalitionperformance.co.uk) and addressed to Dave Cripps.

The video should be sent via [wetransfer.com](http://wetransfer.com) to [contact@coalitionperformance.co.uk](mailto:contact@coalitionperformance.co.uk)

The closing date for applications will be Sunday 31<sup>st</sup> May, 11:59pm.

Interviews will take place immediately following this, with the successful candidate able to start early to mid July.

Any questions please contact the email address above.

We look forward to receiving your application.

**Dave Cripps**

*Director, Coalition Performance*

