



ATHLETE PERFORMANCE COACH – TFC HQ Speed & Performance Hub + Multiple Off-Site Partner Locations

Full-time & Part-time Roles

The Fitness Coach Ltd – Doncaster

Join Yorkshire's specialist organisation for speed and performance — a place where athletes thrive. We're expanding our coaching team and seeking motivated individuals who want to develop athletes through our proven *movement-first* methodology.

Why Join Us

- Become an expert in speed, movement mechanics and athletic development
- Work with athletes from grassroots to professional level
- Use world-leading performance technologies through our Performance Hub
- Work in a supportive, growth-focused environment with ongoing CPD
- Central Doncaster base with additional work across partner locations

Role Responsibilities

- Coach athletes to achieve performance goals using evidence-based methods
- Develop speed mechanics and integrate them into game-speed models
- Deliver strength & conditioning support across a range of athletes and teams
- Contribute to interdisciplinary planning and performance monitoring
- Maintain high standards of professionalism, safeguarding and athlete care
- Support the smooth running of the performance centre as required

What We're Looking For

Suitable backgrounds include: speed coaching, physical performance coaching and S&C coaching.

Junior, Assistant or Senior Coaches: Undergraduates, postgraduates and newly qualified coaches are welcome to apply for Junior roles with training and support provided.



Essential qualities and qualifications:

- Experience in the sport or fitness industry
- High energy and confidence working with all ages and abilities
- Self-driven, coachable and comfortable working to KPIs
- Excellent interpersonal skills
- Driving license
- DBS
- First aid qualification

Desirable:

- Experience in outcome-driven or competitive environments
- Understanding of athletic movement and speed mechanics
- Awareness of long-term athlete development principles
- Working towards UKSCA Coach or Trainer
- Sport/fitness coaching qualification

Hours & Pay

- Roles available from **10–40 hours per week**, including evenings
- Flexible working across Mon–Fri (7am–9pm) and weekends (7am–3pm)
- Pay negotiated based on experience, qualifications and assessed delivery

How to Apply

Email your **CV and covering letter** to **anthonybrowne@thefitnesscoachltd.org.uk**.

Include:

- The role(s) you wish to be considered for (apprentice, assistant, senior)
- Whether you are applying for full-time or part-time hours and your availability
- A short introduction about yourself, your values and why you want to join us
- Contact details for two references

Interviews take place on-going during February and March.

Start dates range from immediate to May.

Please submit your own work — AI-generated applications will not be accepted.