



ATHLETIC PERFORMANCE ACADEMY

STRENGTH & CONDITIONING COACH – GOSLING TENNIS ACADEMY **£29,000k Pro Rata per Year**

Athletic Performance Academy (APA) Ltd is a dynamic, proactive organisation contracted to deliver Strength & Conditioning Coaching services at a number of sports organisations throughout the Southeast of England. We are seeking a **strength & conditioning coach at Gosling Tennis Academy/Legends Tennis** to deliver on their S&C programme. The role starts immediately and would ideally suit someone who has experience in a high-performance environment.

This a part-time self-employed role, with opportunity to work with National and International Junior Tennis players.

The successful candidate will play a key role in driving the culture of strength & conditioning forward, with the opportunity to design, deliver and review long term athlete development programmes that are aligned with the APA coaching philosophy. This is an opportunity for the right person to innovate in the sport of Tennis and integrate a physical programme within an experienced world class team of tennis coaches, sports medicine practitioners and s&c coaches.

Please check out www.athleticperformanceacademy.co.uk for more details about us.

Benefits:

- Opportunities to lead sessions involving juniors all the way to elite professional Tennis players
- Investment from APA in coach education and equipment to support the development of the programme
- Opportunities for ongoing CPD in partnership with the Lawn Tennis Association
- Opportunities to gain further self-employed coaching hours subject to demand

Your role will involve:

- Lead in development/delivery of S&C services to junior elite tennis players, approximately 20 hours per week
- Lead in athlete/team fitness testing and physical competency assessment

Essential criteria for this role to include:

- Experience in the provision of strength and conditioning support to elite youth athletes
- Level 2 Gym instructor qualification (or equivalent)
- Enhanced DBS check- on the update service

Desirable criteria for this role to include:

- UKSCA professional accreditation or ability to obtain it within six months
- Previous experience of development of an LTAD pathway in a youth sport organisation

YOU MAY APPLY VIA **Email:** daz@apacoaching.co.uk **Please quote ref: APA.01**
PLEASE INCLUDE: CV AND RELEVANT CONTACT DETAILS. **Closing date: 22nd March 2026**

Interviews will be held **Monday 23rd March 2026** at Gosling Tennis Centre. If you are successful at interview, you will be required to start work April 13th 2026 subject to a DBS.