



STRENGTH & CONDITIONING COACH STUDENTSHIP - BROMLEY / GOSLING TENNIS CENTRE

Athletic Performance Academy (APA) requires a student to support the coaching staff and players in the field of strength and conditioning at Bromley Tennis Centre (Kent) and Gosling Tennis Academy (Hertfordshire).

This is an opportunity to experience a high-performance youth environment interacting with accredited strength and conditioning coaches and high-performance tennis coaches, in a player centred team environment.

Remuneration: This is a non-paid position but it does include mentorship towards your UKSCA accreditation along with access to the following professional development.

- FREE Access to online coaching courses in the areas of speed and plyometrics
- FREE Attendance at CPD sessions with APA Owner and the rest of the team
- FREE Attendance at CPD workshops in partnership with the Lawn Tennis Association

Free package is worth approx. £1200.

Hours of work: This position will involve opportunity to observe/assist up to 15 hours per week during the evening programme (4-7.30pm) on days that work around Academic commitments. We can be flexible with which days you would like to attend, and these can change according to your Academic commitments.

Length of Contract: We are currently recruiting for 9-month positions starting the week of Sep 7th, 2026.

Responsibilities: Assist in group and individual S&C sessions to all academy athletes along with performance testing and screening. Collaborate with a team of support staff, players and parents to continually instill a high-performance culture.

Applicants will preferably be working towards a degree in sport and exercise science and qualifications within the field of fitness and performance. Applications from people working towards other qualifications will also be considered. Applications from those working towards UKSCA accreditation is preferred. Applications from candidates looking for a sandwich year studentship would be most welcome.

Interested applicants should mail a CV and cover letter to daz@apacoaching.co.uk and put APA studentship in the subject bar and indicate your preferred location (Gosling or Bromley). Informal interviews will take place prior to end of current term July 24th, 2026.

Please check out www.athleticperformanceacademy.co.uk for more details about us.