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WelshBoxing
BocsioCymru

Welsh Boxing Part-Funded MSc/MRes S&C Studentship

Welsh Boxing, in collaboration with Cardiff Metropolitan University and Sport Wales, are offering a part-funded opportunity for a student to obtain a MSc/MRes in Strength & Conditioning or Youth Athletic Development, alongside completing a placement with Welsh Boxing.

The placement will offer the opportunity to develop your professional skills & practice, coaching athletes on the Welsh Boxing pathway, alongside access to mentorship and internal CPD opportunities from UKSCA accredited coaches in Sport Wales S&C department.

Placement details

Time commitment: Delivery at weekend national camps (one every 3-4 weeks), plus opportunities to coach athletes from different sports on Tuesday/Wednesday evenings.

Location: Sport Wales National Centre, Cardiff

Duration: The placement will begin in September 2024, and last for a maximum of one year

Benefits: £6000 towards tuition fees, travel expenses, and access to internal CPD

Responsibilities & Objectives

- Plan and deliver physical testing, movement skills, and resistance training sessions for national development boxing squads, with an emphasis on athlete education
- Collaborate with boxing coaches to conduct holistic individual athlete reviews and facilitate athlete goal setting
- Complete CPD activities such as attending intern development sessions with other interns, 1-to-1 mentorship meetings, and engaging in ongoing personal development

Person Specification

- An undergraduate degree (2:1 or higher; 2:2 with relevant industry experience) in sport science, strength & conditioning, or a related subject
- Experience of coaching in a group-based setting, ideally with youth athletes
- A long-term commitment to a career in strength & conditioning coaching
- Proactive and organised
- Excellent ability to develop relationships and facilitate a motivating environment for youth athletes

How do I apply?

Step 1. Apply for either MSc/MRes in [Strength & Conditioning](#) or MSc [Youth Athletic Development](#). Contact Jeremy Moody (jmoody@cardiffmet.ac.uk) or John Radnor (jradnor@cardiffmet.ac.uk) respectively, for more information

Step 2. Apply for the part-funded studentship, by emailing a CV to Seb Moran (seb.moran@sport.wales) and answering the following question in no more than 300 words:

- Describe and reflect upon an experience that influenced what's important to you as a coach and what sort of coach you aspire to be

The studentship application deadline is Sunday 28th July
Interviews will take place week commencing 5th August