

STRENGTH & CONDITIONING COACH (FULL TIME)

SOLIHULL, WEST MIDLANDS

As part of our on-going growth, we are excited to be offering you the opportunity to join the coaching team at the **UK's leading, most prominent private S&C centre**. Become a truly valued part of our unique, growing organisation with scope to develop a highly rewarding and successful career at a place with a proven record of coaching excellence.

- ✓ Highly **proven and personalised** professional development pathway.
- ✓ Superb opportunity to feel your coaching **truly has an impact**.
- ✓ Competitive starting salary (£20.5-22k, scope to develop significantly).
- ✓ 31 days holiday per year:
(including Christmas eve, day, boxing day and new years day).

WHO ARE WE?

Over the last 8 years Coalition Performance (CP) has become a **UK leading S&C training facility**, through the successful delivery of unique, **truly exceptional coaching** support, to a broad, diverse range of populations. Reflected in the **extensive success stories** we share and the continued, long term business growth achieved, you have chance to be **valued, and develop** your S&C coaching career within a highly established organisation that has a proven record delivering **exceptional S&C support**.

- ✓ Exclusively coach at our private facility, 5 days per week.
- ✓ Opportunity for **fast coach development** and growth.
- ✓ Coach in a **positive, ambitious environment**, to best apply your skills.
- ✓ Engaging and diverse coaching opportunities where you have chance to truly see and **feel your positive impact as an S&C coach**.

RESPONSIBILITIES (WHO IS THIS FOR?)

This role is suitable for current **graduates with S&C coaching experience** and/or those who have already **started S&C coaching** employment.

You will be someone who genuinely enjoys coaching and working with other people alongside enjoying and engaging in S&C training yourself. You will have a **desire to be on the gym floor** coaching plus a hunger to develop yourself. You also will be motivated to coach **various populations** from youths to adults, athletic to non athletic, with varied goals (rehab, sport, health).

✓ **Responsibility to personally programme** and prepare training programmes of the highest standard (including to clients with major injury rehab needs).

✓ **A pathway to grow** in the organisation into a more senior position

✓ Opportunity to extensively **develop your knowledge and coaching skills.**

✓ Ability to apply your S&C skills to **highly diverse goals, to make a difference:** e.g. *sporting goals, injury rehab, life changing health conditions.*

PERSONAL SPEC AND HOW TO APPLY

ESSENTIAL (you need these to apply)

Undergraduate degree in sport science/S&C or related.

Coaching experience of S&C delivery to sporting populations.

Ability to competently, technically coach S&C exercises.

Ability to show charisma and personality as a coach.

Self awareness you want a career as an S&C coach and are motivated to coach various populations.

Ability to obtain UKSCA ASCC in 12 months.

DESIRABLE

Coaching experience as an S&C coach, PT or sports coach with general population.



✓ **Send the 2 following items:** A). Your CV. B). A ~3 minute video on your camera phone introducing who you are, your experience and why you applied.

✓ Send the video via wetransfer.com and CV via email, both to contact@coalitionperformance.co.uk

✓ These need to be sent by Thursday **29th January 2024**. Interviews will take place immediately from that week into the next, at our facility.