



## Academy Strength & Conditioning Coach Aldridge Cricket Academy (Brighton)

### **Role**

Physio Science are looking to appoint an Academy Strength & Conditioning Coach to lead the strength and conditioning programme at Aldridge Cricket Academy, a specialist secondary school academy based at Brighton Aldridge Community Academy, in partnership with Sussex Cricket.

### **Key Responsibilities**

- Lead and manage the Aldridge Cricket Academy S&C programme for boys and girls 16 to 18 years old
- Support the Sussex Women's Cricket Academy S&C programme
- Support the Southern Vipers S&C programme

The role will also allow the opportunity to provide S&C supports for private patients undergoing post-injury rehabilitation via referrals from the onsite physiotherapy and sports injury clinic.

### **Location**

Aldridge Cricket Academy, Sir Rod Aldridge Cricket Centre, Brighton Aldridge Community Academy (BACA), Lewes Road, Brighton.

### **Reports to:**

- Director of Sport, Aldridge Cricket Academy
- Clinical Director, Physio Science



## **Qualifications and Experience**

### **Essential:**

- An undergraduate in Sport and Exercise Science or Strength and Conditioning (or equivalent)
- UKSCA Accreditation or ability to obtain within 12 months
- Minimum of 1 years coaching development/youth team sport athletes
- A sound grasp of the Youth Physical Development Model and how to apply the principles.
- Enhanced DBS; First Aid Qualification; Safeguarding Children Training; Professional Liability Insurance; Full UK Driving Licence and own transport (or ability to obtain all of these prior to contract start date)

### **Desirable:**

- MSc qualification in Strength and Conditioning (or equivalent)
- UKSCA Accreditation
- 3+ years coaching development athletes
- An understanding of cricket and fast bowling

The role requires a large amount of self-management. The candidate will need to be independent with their programming, athlete management and have a complete understanding of how to implement a model for youth development and should have the ability to build relationships with a variety of cricket coaches and a diverse group of athletes.

The candidate must be prepared to work unsociable hours (evenings, weekends, and bank holidays).

### **Contract:**

- 2-year fixed term, based on a minimum of 0.5FTE (potential opportunity to increase hours)
- Competitive salary based on experience

### **To Apply**

Send your CV with a brief cover letter (no more than one side of A4) to [recruitment@physioscienceuk.com](mailto:recruitment@physioscienceuk.com) before 5pm on 7 August 2023.

First stage of interviews will be completed remotely from 9 August 2023.

Please note that you will only be contacted if you have been selected for the first stage of interview.

